

PROTECT YOURSELF AGAINST FRAUD AND SCAMS



1 Safeguard Personal Information

Shred documents with sensitive information. Keep SSN, Medicare cards, and other personal identifiers in a safe and secure location. Limit the sharing of personal information online or over the phone unless absolutely necessary.

2 Be Cautious with Communications

Do not click on links or download attachments from unfamiliar or unsolicited emails. Hang up immediately on callers who pressure you to act quickly. Verify the legitimacy of requests by contacting companies directly.

3 Strengthen Online Security

Use strong passwords and consider using a password manager. Regularly update devices and software to protect against vulnerabilities.

4 Monitor Financial Activity

Review bank and credit card statements regularly for unauthorized charges. Check your credit report frequently to spot unfamiliar accounts or inquiries.

5 Stay Educated and Skeptical

Learn about common scams targeting your community, especially aimed at seniors. If an offer sounds too good to be true, it is. Avoid purchasing gift cards, wiring money, or bitcoin as payment. Discuss questionable communications or offers with trusted friends or family members.

